

DAIRY  
FREE

EST. 1969  
**BARKER'S**  
PROFESSIONAL



## Custard Style Crème

Barker's Professional new dairy-free Custard Style Crème range comes in three delicious flavours for easy rotation through your weekly cycle menu, having been developed to be a nutritious dairy-free dessert. Compared to custard\*, the crèmes provide a dairy-free alternative source of calcium, more protein, and the added benefit of a source of fibre (2.0g per 100g - see over page).

A smooth, velvety texture makes eating these crèmes easy to eat.

Packaged in convenient 1.25kg ready-to-use piping bags, so you can just snip and pipe. The range is available through most foodservice distributors and is made right here in New Zealand.

The variants come in a box of 4 x 1.25kg piping bags but are available as single units. Clips are available to reseal a bag if it is not all used at once.

Available in the following flavours:

- LEMON  
73771
- CHERRY  
73773
- MANGO  
73772

Shelf  
stable at  
ambient  
18-22°C

## PROTEIN

The crèmes contain collagen peptide from bovine:

- May help maintain healthy joints.
- May improve bone health.
- May improve muscle mass.



Collagen peptides have a unique amino acid profile to provide nutritional benefits not found in other protein sources. Numerous studies have shown that taking collagen peptides can effectively support joint, bone and muscle health.

Collagen accounts for 25–30% of the total protein content within the human body and makes up 90% of organic bone mass and 75% of cartilage and skin. The connective tissue in muscles also consists primarily of collagen.

Barker's Dairy Free Custard Style Crèmes contain 4.7 to 4.9g protein per 100g.

## FIBRE

Fibre plays an important role in overall health at all ages. The fibre used in our crèmes is a soluble prebiotic fibre. The fibre, when taken consistently, is a regulating fibre that aids with constipation and diarrhoea, returning stool content to a normal healthy state without the bloating, cramping and gas production of some fibres.

Barker's Dairy Free Custard Style Crèmes contain 2g fibre per 100g. (Contributes to regular laxation).

## CALCIUM

Calcium is required to support bone formation and has a wide range of metabolic functions for muscle and nerve activity.

Barker's Dairy Free Custard Style Crèmes contain 147mg calcium per 100g.

## NUTRITION INFORMATION

Average quantity per 100g	Lemon Custard Style Crème	Mango Custard Style Crème	Cherry Custard Style Crème	Typical Dairy-Based Custard*
Energy	574kJ	552 kJ	553 kJ	450 kJ
Protein	4.9g	4.7g	4.8g	3.7g
- Gluten	0.0mg	0.0mg	0.0mg	-
Fat, total	4.7g	4.1g	4.6g	2.9g
- Saturated	3.8g	3.4g	3.8g	2.0g
Carbohydrate	16.1g	16.4g	15.6g	16.7g
- Sugars	13.8g	14.0g	12.8g	12.5g
Dietary Fibre	2.0g	2.0g	2.0g	0.0g
Sodium	47mg	46mg	49mg	50mg
Calcium	147mg	147mg	147mg	130mg
<b>INGREDIENTS</b>	Water, coconut cream, sugar, lemon juice 7%, thickener (1442, 415, 412, 407), collagen peptide, acacia fibre, calcium citrate, acidity regulator (270), egg powder, flavour, colour (171, 160a), preservative (202), emulsifier (433). <b>GLUTEN FREE</b> <b>CONTAINS EGG</b>	Water, coconut cream, sugar, mango 5%, thickener (1442, 415, 412, 407), collagen peptide, acacia fibre, acidity regulator (270), calcium citrate, egg powder, natural flavour, colour (171, 160c), preservative (202), emulsifier (433). <b>GLUTEN FREE</b> <b>HALAL SUITABLE</b> <b>CONTAINS EGG</b>	Water, coconut cream, sugar, cherry 8%, thickener (1442, 415, 412, 407), collagen peptide, acacia fibre, calcium citrate, acidity regulator (270), egg powder, natural flavour, colour (171, carrot and blackcurrant juice concentrate), preservative (202), emulsifier (433). <b>GLUTEN FREE</b> <b>HALAL SUITABLE</b> <b>CONTAINS EGG</b>	<b>Milk, cream, sugar, thickeners (1442, 407), milk solids, emulsifier (339), vanilla flavour, colour (102, 122).</b>  <b>CONTAINS MILK</b>